

# FACS

## FAMILY AND CONSUMER SCIENCE ELECTIVES



Introduction to Culinary Arts  
One Year  
Grades 10 thru 12

Nutrition and Wellness  
One Year  
Grades 9 thru 12

Course content includes:  
Preparing and decorating cakes  
Basic kitchen safety and sanitation  
Beginner baking skills  
Appetizers and party foods  
Preparing cookies and pastries  
Garnishing and food presentation  
Table service  
Catering and marketing an event  
Sandwich and deli trays

Course content includes:  
Basic baking  
Cakes, pies, and cookies  
Meal Planning  
Nutrition, wellness, and diet  
Selecting and storing foods  
Basic kitchen safety and sanitation  
Preparing meats and eggs  
Preparing fruits and vegetables  
Advanced food preparation





Child Development  
One Year  
Grades 9 thru 12

Course content includes:  
Explore the meaning of play  
Individual and family issues  
Baby equipment and safety issues  
Value and cost of nursery equipment  
Factors for safety in children's toys  
Employment requirements for the child care industry  
Children's and parent's rights  
Child abuse and neglect  
Designing a child care center  
This course also includes caring for a electronic baby



Teachers for Tomorrow  
One Year  
Grades 11 thru 12

Students planning to enroll in the Teaching Internship as seniors are strongly encouraged to enroll in this course.

Course content includes:  
Class practicum which includes teaching in an actual classroom  
Effective teaching strategies  
Designing lesson plans  
Develop a portfolio  
Challenges of teaching  
Examine roles of a teacher

