



ROANOKE COUNTY SCHOOL NUTRITION SERVICES

Roanoke County Public Schools
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January 5, 2010

Dear Parents and Teachers,

Beginning this Thursday, January 7th, we will be introducing an abbreviated lunch and breakfast menu for your school. **Do not worry, we will still be offering great school meals for your students.** We will keep adequate refrigeration on-site for milk, juice, etc. and we will still offer a hot entree' each day. A special five (5) day cycle menu has been developed (see back of this letter for menu) so that a variety of foods will still be offered. This "cycle" menu will repeat itself each week. We have added a **daily treat** for your child's enjoyment with each school lunch received. Hopefully this process will be painless for you and your student. This is a one time occurrence that we must endure, so we might as well make the best of it. Your School Nutrition Program is looking forward to be sponsoring this "Raise the Roof" daily picnic in your school. If you have any concerns, please feel free to contact your Nutrition Manager; Yvonne Hutchinson @ 562-3900 ext.46040 or the Nutrition Supervisor; Ed Tuttle @ 562-3900 ext. 10211.

Sincerely,

Ed Tuttle, Supervisor - School Nutrition Services

"Raise the Roof" 5 Day Lunch Cycle Menu Winter 2010

Fort Lewis Elementary School

Breakfast offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>CORNDOG NUGGETS</i> <i>MAXSTIX w/MARINARA</i> <i>Smucker's® PB&J</i></p> <p><u>"Pick 2 Items"</u> <i>Veggies w/dip</i> <i>Assorted Fresh Fruit</i> <i>Assorted Canned Fruit</i> <i>100% Juice</i></p> <p><u>Other Offerings</u> <i>Choice MILK</i></p> <p><u>Today's TREAT</u> <i>Goldfish Graham</i></p>	<p><i>RoKo's PIZZA</i> <i>HOT DOG/BUN</i> <i>Smucker's® PB&J</i></p> <p><u>"Pick 2 Items"</u> <i>Tossed Salad</i> <i>Assorted Fresh Fruit</i> <i>Assorted Canned Fruit</i> <i>100% Juice</i></p> <p><u>Other Offerings</u> <i>Choice MILK</i></p> <p><u>Today's TREAT</u> <i>Animal Cookies</i></p>	<p><i>CHICKEN PATTY/BUN</i> <i>HOT HAM & CHEESE/BUN</i> <i>Smucker's® PB&J</i></p> <p><u>"Pick 2 Items"</u> <i>Veggies w/dip</i> <i>Assorted Fresh Fruit</i> <i>Assorted Canned Fruit</i> <i>100% Juice</i></p> <p><u>Other Offerings</u> <i>Choice MILK</i></p> <p><u>Today's TREAT</u> <i>100% Fruit Nuggets</i></p>	<p><i>CHEESEBURGER/BUN</i> <i>CHZY GARLIC FLATBREAD(2)</i> <i>Smucker's® PB&J</i></p> <p><u>"Pick 2 Items"</u> <i>Tossed Salad</i> <i>Assorted Fresh Fruit</i> <i>Assorted Canned Fruit</i> <i>100% Juice</i></p> <p><u>Other Offerings</u> <i>Choice MILK</i></p> <p><u>Today's TREAT</u> <i>Elf Grahams</i></p>	<p><i>CHICKEN NUGGETS/PUPS</i> <i>FISH TREASURES/PUPS</i> <i>Smucker's® PB&J</i></p> <p><u>"Pick 2 Items"</u> <i>Veggies w/dip</i> <i>Assorted Fresh Fruit</i> <i>Assorted Canned Fruit</i> <i>100% Juice</i></p> <p><u>Other Offerings</u> <i>Choice MILK</i></p> <p><u>Today's TREAT</u> <i>Welch's Fruit Snacks</i></p>
<p><u>Today's Breakfast</u> <i>Brkfst Steak on Roll</i> <i>Assorted Cereal</i> <i>Yogurt w/Grahams</i></p>	<p><u>Today's Breakfast</u> <i>Brkfst Chik'n on Roll</i> <i>Assorted Cereal</i> <i>Yogurt w/Grahams</i></p>	<p><u>Today's Breakfast</u> <i>French Toast Stix (4)</i> <i>Assorted Cereal</i> <i>Yogurt w/Grahams</i></p>	<p><u>Today's Breakfast</u> <i>Roko's Brkfst Pizza</i> <i>Assorted Cereal</i> <i>Yogurt w/Grahams</i></p>	<p><u>Today's Breakfast</u> <i>Sausage Pancake Stick</i> <i>Assorted Cereal</i> <i>Yogurt w/Grahams</i></p>