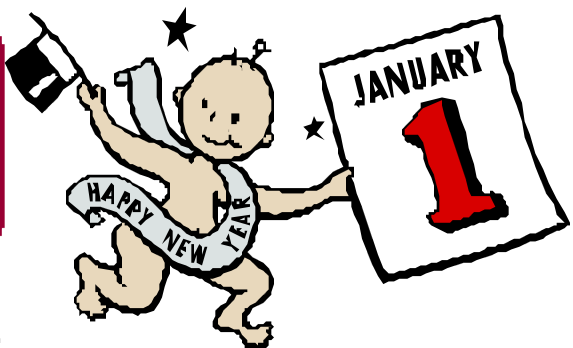


**DAILY BREAKFAST OPTIONS**

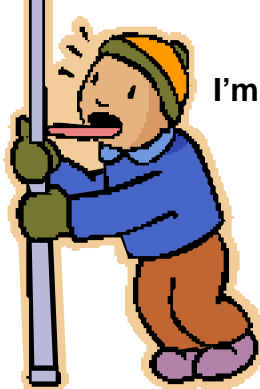
- OUR (2) FEATURED ENTREES or
- BAGEL with CREAM CHEESE & JELLY
- CEREAL or YOGURT with:
- TOAST / GRAHAM CRACKERS
- PBJ GRAHAMWICH

includes choice of MILK or JUICE



Have you tried our new breakfast option...  
**PBJ Gramwich?**  
**DEE-LISH!!!**

**Breakfast Prices**  
 Full.....\$1.00  
 Reduced.....30¢  
 Adult.....\$1.25



Help me RoKo!  
 I'm stuck in low gear.  
 I need a school breakfast!

If someone listens, or stretches out a hand, or whispers a word of encouragement, or attempts to understand a lonely person, extraordinary things begin to happen.

~ CLoretta Girzatis - (b. 1920) ~  
 American educator and writer

**BE ACTIVE...STAY ACTIVE...PLAY ACTIVE!**  
**JANUARY 2012**  
**BREAKFAST**  
 ROANOKE COUNTY PUBLIC SCHOOLS  
 SCHOOL NUTRITION SERVICES

**CHOICE OF MILK OFFERED DAILY**

**MONDAY 2**  
 EGGO MINI PANCAKE S  
 or  
 SAUSAGE & EGG on ROLL

**TUESDAY 3**  
 CINNAMON GORDITA w/ SAUSAGE PATTY  
 or  
 FRENCH TOAST STICKS (3) w/ SYRUP

**WEDNESDAY 4**  
 PANCAKES (2) w/ SCRAMBLED EGGS  
 or  
 CHICKEN PATTY on ROLL

**THURSDAY 5**  
 RoKo's BREAKFAST PIZZA  
 or  
 BELGIUM WAFFLES (2)

**FRIDAY 6**  
 WAFFLES (2) w/ SAUSAGE PATTY  
 or  
 BREAKFAST STEAK on ROLL

**MONDAY 9**  
 PANCAKES (2) w/ SCRAMBLED EGGS  
 or  
 SAUSAGE BREAKFAST PIZZA

**TUESDAY 10**  
 ULTIMATE BREAKFAST ROUND  
 or  
 MORNING SAUSAGE ROLL

**WEDNESDAY 11**  
 CINNAMON GORDITA w/ SAUSAGE PATTY  
 or  
 CHICKEN PATTY on ROLL

**THURSDAY 12**  
 RoKo's BREAKFAST PIZZA  
 or  
 SAUSAGE PANCAKE ON - A - STICK



SCHOOL CLOSED

**TUESDAY 17**  
 PANCAKES (2) w/ SCRAMBLED EGGS  
 or  
 SAUSAGE BREAKFAST PIZZA

**WEDNESDAY 18**  
 SAUSAGE GRAVY w/ BISCUIT  
 or  
 CHICKEN PATTY on ROLL

**THURSDAY 19**  
 RoKo's BREAKFAST PIZZA  
 or  
 WAFFLES (2) w/ SAUSAGE PATTY

**FRIDAY 20**  
 ULTIMATE BREAKFAST ROUND  
 or  
 SAUSAGE PANCAKE ON - A - STICK

**MONDAY 23**  
 EGGO MINI PANCAKE S  
 or  
 SAUSAGE & EGG on ROLL

**TUESDAY 24**  
 CINNAMON GORDITA w/ SAUSAGE PATTY  
 or  
 FRENCH TOAST STICKS (3) w/ SYRUP

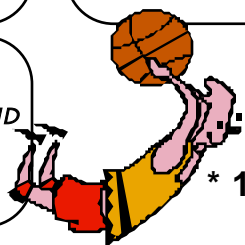
**WEDNESDAY 25**  
 PANCAKES (2) w/ SCRAMBLED EGGS  
 or  
 CHICKEN PATTY on ROLL

**THURSDAY 26**  
 RoKo's BREAKFAST PIZZA  
 or  
 BELGIUM WAFFLES (2)

**FRIDAY 27**  
 WAFFLES (2) w/ SAUSAGE PATTY  
 or  
 BREAKFAST STEAK on ROLL

**MONDAY 30**  
 PANCAKES (2) w/ SCRAMBLED EGGS  
 or  
 SAUSAGE BREAKFAST PIZZA

**TUESDAY 31**  
 ULTIMATE BREAKFAST ROUND  
 or  
 MORNING SAUSAGE ROLL



**\* SCHOOL BREAKFAST is a Nutritional SLAM DUNK!**  
 \* 1/4 of Recommended Daily Allowances of required Vitamins & Minerals

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